# Megan Lastner

### **SUMMARY**

Physical educator with a passion for building a foundation of life long fitness into students.

#### SKILLS

Teaching

• Administration

• Management

• Public Speaking

• Event Planning

#### **EXPERIENCE**

#### **River Valley Ranch**

11 / 2014 - Present

Riding Instructor

Design and teach riding lessons to students of all ages

### St. Ursula School

08 / 2013 - Present

Physical Education Teacher

Designing lessons for pre-k to eighth grade students Teaching pre-k to eighth grade students Coaching cross country and track

# **River Valley Ranch**

06 / 2014 - 08 / 2014

Program Director

Designed summer camp program for children ages 9 to 11. Lead and instructed counselors ages 18 to 21.

## **River Valley Ranch**

09 / 2012 - 08 / 2013

Intern

Say "yes" to everything. Run retreats, facilitate high adventure activities, work at the stables, clean, fix tractors, ref paintball,

# **Brick Bodies**

05 / 2012 - 07 / 2012

Front Desk

Checked members in, ran the phones, scheduling and some payments

## **EDUCATION**

## Fresno Pacific University

2015 - 2016

Master's Degree, Kinesiology

## **Bridgewater College**

2008 - 2012

Bachelor of Science, Health and Physical Education

Equestrian Club Fellowship of Christian Athletes Philomathes Society Deeper College Bible Study

## **Bridgewater College**

2008 - 2012

Bachelor of Science (B.S.) , Health and Physical Activity

CERTIFICATIONS

Virginia Teaching License Pre-K to 12th Health and Physical Education Maryland Teaching License Pre-k to 12th Grade Physical Education