

# MEGAN LASTNER

4210 Hollow Spring Lane, Nottingham, Maryland 21236

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## PROFESSIONAL SUMMARY

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Talented Teacher with an exceptional ability to establish cooperative, professional relationships with parents, staff and administration. Clear communicator who prioritizes students' success, as well as their holistic development.

## SKILLS

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- Kind and empathetic educator
- Strong written and verbal communicator
- Positive and encouraging
- Self-motivated
- Extremely flexible
- Great at improvising
- Summer camp counselor
- People-oriented

## WORK HISTORY

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08/2013 to Current

### **Physical Education Teacher**

**St. Ursula School** – Parkville, MD

- Taught physical education for kindergarten to eighth grade.
- Designed weekly lesson plans for each class that promoted lifelong fitness.
- Promoted physical, mental and social development by implementing classroom games and outdoor recreational activities.
- Coached track and cross country.

08/2012 to 08/2014

### **Intern/ Program Director/Outdoor Education Facilitator**

**River Valley Ranch** – Manchester, MD

- Facilitated outdoor education groups on multiple high adventure activities.
- Designed and led cooperative learning activities for retreat groups.
- Designed program for the Classic Camp's summer campers.

10/2014 to Current

### **Riding Instructor**

**River Valley Ranch Horse Center** – Manchester, Maryland

- Design engaging lessons for all ages.
- Teach students how to learn and work together.
- Adapted teaching methods and materials to meet students' varying needs and interests.

10/2013 to 06/2014

### **Junior Fellowship of Christian Athletes Representative**

**Fellowship of Christian Athletes** – Churchville, MD

- Organized and led board meetings.
- Organized and led monthly huddles with sixty to one hundred kids.
- Organized and trained college leaders to lead bible studies for middle school students.

## EDUCATION

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2012

**Bachelor of Science: Health and Physical Education**

**Bridgewater College** - Bridgewater, VA

Current

**Master of Arts: Kinesiology: Physical Education Emphasis**

**Fresno Pacific University** - Fresno, CA

## CERTIFICATIONS

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- Maryland Certified Pre-K to 12th Health and Physical Education Teacher
- Virginia Certified Pre-K to 12th Health and Physical Education Teacher